

HIGH SCHOOL FAMILY AND CONSUMER SCIENCE COURSE CODES GRADES 7-12

High school (grades 9-12) courses in Family and Consumer Science require 150 contact hours per credit.

Course Code	Course Name	Grade Levels	Description	Accreditation Time/ Credit Options*	License/credential Required**
09005	Health	7-8	Human growth and development; health promotion and disease prevention; environmental and community health; health-enhancing skills; behaviors and risks; health-related information; health advocacy. Note: Health courses are also coded in Health, Physical Education, and Science areas.	NDAC 67-19-01-34 (1)(f) ◆ 50 minutes per week	License Code: 09025-Home Economics ◆ 7-12 OR 09035-Vocational Home Economics ◆ 7-12 OR 09040-Family & Consumer Science ◆ 7-12
09006	Family & Consumer Sciences	7-8	The study of introductory concepts in family and consumer science and orientation related careers.	NDAC 67-19-01-34 (2)(b) ◆ may be counted as part of the minimum 200 minutes per week of additional courses	
09022	Family and Consumer Sciences I	9-12	To introduce students to basic concepts in all areas of Family and Consumer Sciences. This course may include: availability of personal resources; organization of resources to provide for needs; making consumer decisions; creation of personal living environment; developing satisfying interpersonal relationships; understanding and caring for children; meeting personal nutritional needs; managing food resources; maintaining good health; clothing and textile selection, care, and construction; contributing to satisfying and family life; career orientation and occupational information; work readiness skills; leadership development. <i>*The ¼ credit option should be used only when this course is part of a rotation of courses designed to introduce students to new course options.</i>	¼*, ½, or 1	License Code: 09025-Home Economics ◆ 7-12 or 9-12 OR 09035-Vocational Home Economics ◆ 7-12 or 9-12 OR 09040-Family & Consumer Science ◆ 7-12 or 9-12
09023	Family and Consumer Sciences II ◆ Prerequisite: Family and Consumer Sciences I 09022	10-12	To provide students with experiences in all areas of Family and Consumer Sciences at a more advanced level than in Family and Consumer Sciences I. The course may include: self-development; multiple roles of individuals in contemporary society; finances and economic interdependence; housing to meet lifestyle and family goals; lifestyle and parenting decisions; family meal choices at home and away; influences of nutrition on health and disease; personal and family clothing needs; societal and environmental impacts of personal decisions; career information, exploration and planning; work readiness skills; leadership development.	½ or 1	

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09024	Family and Consumer Sciences III ◆ Prerequisite: Family and Consumer Sciences II 09023	11-12	To provide specialized experiences that will enable advanced students to plan and prepare for present and future personal and family needs. Course content should expand on the content areas from Family and Consumer Sciences II, and should be determined by the needs and interests of the students enrolled. Note: Unless student needs call for an additional comprehensive course at this level, it is recommended that in-depth semester courses described below be offered instead.	½ or 1	
09025	Independent Living	9-12*	To prepare students for responsibilities involved in becoming self-sufficient young adults preparing for life away from the parental home during or immediately following high school. Course content may include: living independently; supporting oneself; making financial decisions; making choices about housing, nutrition and food, clothing, transportation, health and wellness; using time to achieve personal goals; finding balance in life; current issues that affect personal decisions; societal and environmental impacts of personal decisions; sources of support and assistance in the community; leadership development. *It is recommended that enrollment of students below grade 10 be limited to students with special needs who must develop basic living skills, and that the instructional topics be adjusted accordingly.	¼, ½, or 1	License Code: 09025-Home Economics ◆ 7-12 or 9-12 OR 09035-Vocational Home Economics ◆ 7-12 or 9-12 OR 09040-Family & Consumer Science ◆ 7-12 or 9-12
09026	Child Development	9-12	To increase students' knowledge of how children grow and develop, and to foster acquisition of skills that promote healthy development of the individual. Content may include: processes in individual development; cultural and ethnic differences and similarities in child care; how children learn; age-appropriate activities for children; family development and preparation for parenthood; prenatal development; changing relationships within the family; current issues relating to children and families; sources of support and assistance; related careers; leadership development.	¼, ½, or 1	

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09027	Clothing and Textiles	9-12	To develop consumer skills that will enable the student to effectively use resources in planning for, purchasing, caring for, and creating clothing and other textiles for home use. Course content may include: relationship of clothing to culture, changing roles, and lifestyles; management of the family clothing dollar; creativity in wardrobe planning to meet personal needs; care and maintenance of clothing and other textiles; special problems in clothing construction; current issues in textiles, clothing, and fashion; related careers; leadership development.	¼, ½, or 1 not to exceed 2 credits during high school	
09028	Consumer and Resource Management	9-12	To help students learn how to make intelligent choices in the use of resources in order to gain maximum personal and family satisfaction. Course content may include: interrelationships between the individual and the economy; consumer behavior; consumer rights and responsibilities; evaluating consumer information; financial services; resource management techniques; consumer credit; developing financial plans to meet personal and family goals; financial security; societal and environmental impacts of decisions; current issues relating to consumerism and resource management; sources of consumer support and assistance; related careers; leadership development.	¼, ½, or 1	License Code: 09025-Home Economics ◆ 7-12 or 9-12 OR 09035-Vocational Home Economics ◆ 7-12 or 9-12 OR 09040-Family & Consumer Science ◆ 7-12 or 9-12
09129	Individual and Family Health	9-12	To help students develop a holistic approach to "good health" and learn ways to maintain optimum levels of wellness. Course content may include: characteristics of a healthy person; maintenance of health (including nutrition, physical fitness, personal hygiene, accident prevention, protection against disease, effects of alcohol, tobacco, and other drugs, coping skills, "preventive maintenance", home safety and sanitation, athletics); preparing for emergency situations; home care of the sick; pregnancy, community health services and programs; selecting and using health care products and services; current issues related to personal, family, and world health; related careers; leadership development.	¼, ½, or 1	

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Course Code	Course Name	Grade Levels	Description	Accreditation Time/ Credit Options*	License/credential Required**
09130	Parenting	9-12*	<p>To explore the parenting roles that most adults will assume at some time during their lives. Content may include: assessing readiness for parenthood; role clarification-mothers, fathers, and others; the finances of parenting; providing an environment for optimum child growth and development; family communication; stress and crisis in the family; special parenting situations — finding and assessing child care, the handicapped child, foster parenting, blended families, single-parent families, parenting as grandparents; current issues impacting on parents, children, and society; sources of support and assistance for parents and families; related careers; leadership development.</p> <p>*It is recommended that enrollment of students below grade 10 be limited to those with immediate need, such as pregnant or parenting teens.</p>	¼, ½, or 1	<p>License Code: 09025-Home Economics ◆ 7-12 or 9-12 OR 09035-Vocational Home Economics ◆ 7-12 or 9-12 OR 09040-Family & Consumer Science ◆ 7-12 or 9-12</p>
09131	Nutrition and Foods	9-12	<p>To prepare students to make critical decisions about food that will contribute to the health and well-being of themselves, their families, and their communities. The course may include: food patterns and customs of different cultures; nutritional needs throughout the life cycle; influences of lifestyles and roles on family nutrition and food practices; scientific and technological developments in the food industry; management of food resources; meal planning and preparation; application of scientific principles to nutrition and food preparation; food safety and sanitation; energy and resource consumption and conservation; legislation related to nutrition and food; organization of food preparation facilities and equipment; sources of support and assistance for individuals and families; current issues related to nutrition and food; related careers; leadership development.</p>	¼, ½, or 1 not to exceed 2 credits in high school	

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09132	Family Living	9-12	To assist students in preparing for adult roles that support and strengthen family life. The course may include: lifestyle and role options for adult life; forms and functions of the family; processes in making and evaluating decisions; readiness for adult roles and responsibilities, including marriage and parenthood; customs and laws relating to marriage and family life; emergency preparedness; coping with crises affecting family life; the family throughout the life cycle; interactions between family and community; sources of support and assistance for individuals and families; current issues related to home and family life; related careers; leadership development.	¼, ½, or 1	
09133	Housing and Living Environments	9-12	To explore the impacts housing has on families and the variety of ways in which individuals and families meet their needs for shelter. Content may include: the meaning of home; determining personal housing needs; selecting housing to meet needs; legal and financial aspects of housing; housing for individuals with special needs; the home as work site; personal expression through home decoration; household equipment selection, care, and use; maintaining safe environment; home repairs and improvements; energy and resource consumption and conservation; technology for home and family life; societal and environmental impacts of decisions; sources of support and assistance for individuals and families; current issues related to family housing; related careers; leadership development.	¼, ½, or 1	License Code: 09025-Home Economics ♦ 7-12 or 9-12 OR 09035-Vocational Home Economics ♦ 7-12 or 9-12 OR 09040-Family & Consumer Science ♦ 7-12 or 9-12
09140	Individual Family and Consumer Sciences Studies	9-12	To provide students in Family and Consumer Sciences additional opportunity to expand their knowledge and explore the fields of home and family life, related careers, leadership, citizenship, and personal development on an individual basis. Instructor and student will cooperatively develop specific goals and learning activities to achieve these goals.	¼, ½, or 1	

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09211	Early Childhood Care and Education Services	10-12	To prepare the student for employment in child care centers under the supervision of a director or for self-employment in home-based child care. Content may include: opportunities in child care occupations; career maturity skills; child care facilities; stages of child growth and development; planning for children's needs; protecting the child's health and safety; children with special needs; working with parents; working with other child care related agencies; current issues in child care; community work experience and/or laboratory simulation; balancing work and family; leadership development.	1 or 2	License Code: 09025-Home Economics ♦ 7-12 or 9-12 OR 09035-Vocational Home Economics ♦ 7-12 or 9-12 OR 09040-Family & Consumer Science ♦ 7-12 or 9-12
09212	Clothing and Textile Services	11-12	To prepare the student for employment in occupations concerned with the design, manufacture, or care of clothing and other textiles. Content may include: opportunities in clothing and textile occupations; career maturity skills; equipment and facilities; developing skill in construction and use of equipment; visual design; color; textile characteristics and implications for use; safety; working with customers; financial management; current issues in clothing and textiles; community work experience and/or laboratory simulation; balancing work and family; leadership development.	1 or 2	
09213	Food Service/Culinary Arts	10-12	To prepare students for occupations concerned with the preparation and service of food. Content may include: opportunities in the food service industry; career maturity skills; legislation affecting the industry and its workers; safety and sanitation; organization of food preparation and service areas; developing skill in quantity food preparation; menu planning and recipe selection; food purchasing; financial management; current issues in food service; community work experience and/or laboratory simulation; balancing work and family; leadership development.	1 or 2	
09250	Occupational Exploration	10-12	To allow students with special needs to develop basic employability skills and explore several occupational clusters in preparation for moving into a more specific training program. Course content may include: opportunities in Family and Consumer Sciences occupations; career maturity skills; employability assessment; career exploration and job shadowing; leadership development.	½ or 1	

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09299	Cooperative Work Experience	11-12 (see note)	Provides students with a regularly scheduled, supervised employment opportunity related to Family and Consumer Sciences Occupations in order to develop and improve work skills. The employment must be preceded by, or concurrent with, classroom instruction related to the work experience, consistent with the student's occupational goals, and related to the Family and Consumer Sciences program area. There shall be a training agreement among all partners to the work experience (school, employer, student, and parents/guardians) outlining the expectations of each party. The instructor shall also develop a specific training plan with the employer for each student placed. The training plan shall include provisions for assessment of student progress and for on-site visits by the instructor during the student's placement. Note: Students must be a minimum of 16 years old and may be paid a wage by the employer.	maximum of ½ per semester, not to exceed 2 credits while in high school	License Code: 09025-Home Economics ◆ 7-12 or 9-12 OR 09035-Vocational Home Economics ◆ 7-12 or 9-12 OR 09040-Family & Consumer Science ◆ 7-12 or 9-12

* High school curricular requirements are spelled out in NDCC 15.1-21-02. Accreditation Rules can be found at <http://www.legis.nd.gov/information/acdata/pdf/67-19-01.pdf>. For accreditation, schools must provide additional units of credit based on school enrollment [see NDAC 67-19-01-32 (3)].

** Please refer to the second page of the teacher's North Dakota Educator's Professional license to verify which subject areas a teacher is qualified to teach. Licenses and endorsements are obtained on a teaching license from the Education Standards and Practices Board (ESPB). Credentials are obtained from the Department of Public Instruction (DPI) and are issued to individuals holding a current teaching license.